VISUAL JOURNALLING

A successful journal will… 

 Draw on each page

 Attempt various drawing techniques that were used in class

 Consider and experiment with layout

 Title every page

 Use a dark pen or marker for lettering/handwriting

 Utilize colour

 Experiment with fonts and lettering and often mix and match them

Will gather found objects and use them as layer or build them into the

 composition

 Experiment and merge techniques and mediums on some pages

 Attempt to match text and drawing in most cases

 Show how the artist attempted to improve

 Reflect on experiences

 Add decorative techniques to enhance the appearance of the page

A unsuccessful journal will… 

 Only do simple drawings in their book

 Resort to an elementary style of drawing, usually only with side

 Profiles of objects

 Use only pencil

 Only use normal handwriting

 Rely only on photography

 Simply recount or summarize events to fill space

 Worry too much about what to draw

VISUAL JOURNALLING- 1984Novel

1. Pre-reading – Suggestions
	1. Analyze and comment on the songs ”This is not America” by David Bowie and “Doubleplusgood” by the Eurythmics. Based on the songs what do you think the novel will be about? Give examples. Watch 1984 Bowie music video. What do you think and Why do you think it?
2. Pair the unit with media studies
	1. Deconstruct an advertisement
	2. Find articles of bias (race, gender, stereotypes)
	3. Film: Enemy of the State – Parallel themes
	4. Terry Gilliam’s Brazil – Divided into 14 segments on Youtube
3. Novel study ideas – as they read, address the following
	1. How does the novel represent power? What interplays of power are represented?
	2. How are the powerful portrayed? How are those without power portrayed?
	3. Who are silenced? Who are heard?
	4. How does the novel represent class and class distinction?
	5. What insights into the “nature” of politics does this novel offer?
	6. What does propaganda mean? How can we separate it from the truth?



100 Ways to Alter A Book

1. Paint over and entire page with leftover latex paint
2. Collage a scene over the entire page from magazine clippings
3. Create figures with heads, arms, legs, etc. cut from magazines
4. Write your own text or captions to photos
5. Add 3-D items such as feathers to birds or sew a stick on to a page
6. Mark selected text with a highlighter pen
7. Mask part of the page with tape or a post-it note. Paint or color over the rest
8. Cut a page in half vertically or horizontally
9. Cut the page in ¼ inch sections and alternate folding back
10. Make up a poem using the words on the page. Colour of paint out all the other words
11. Glue part of a jigsaw puzzle to a page
12. Use braids or twist ties to attach other things to a page
13. Add fold outs such as maps or calendar pages
14. Cut the page and then re-attach with jump rings
15. Punch out holes and paint behind them or glue tissue over them
16. Add a mini envelope to the front inside cover with an explanation of your VJ
17. Glue on puzzle pieces, buttons, dried flowers, leaves, etc
18. Line the inside covers with wrapping paper or tissue
19. Make a closure for the book using ribbon
20. Glue text from another book on a page
21. Rip book pages or music into small pieces and then completely cover a book page with them
22. Lace the edges of the cover with wire, plastic, fibres, yarn, beads
23. Cut petal shapes from other book pages then glue them down to create flowers, etc
24. Fold a page over, punch holes in it and attach tags
25. Punch a hole in the outside spine cover and hang yarn, thread, beads, charms, etc
26. Take small rectangles, fold ½ inch edge and then attach this edge to create a flap
27. Sand away part of a picture
28. Do the absurd. Eg. Dress a gumpy old woman in a modern, elegant dress
29. Distress a page by laying down masking tape and then ripping it off
30. Put small, ripped pieces of masking tape all over a page. Rub shoe polish on it. Faux leather!
31. Make words from letters cut out of a magazine. Ransom Notes
32. Spell words with letter tiles from discarded board games
33. Make an envelope from a calendar page and then glue it into the book
34. Rip the top half of a page off. Glue the edges of the bottom half to the next page for a pocket
35. Make a pocket and enclose playing cards
36. Make a pop off
37. Glue an accordion book to a page
38. Mask out words with correction fluid
39. Cut shapes along a page, creating an interesting page
40. Draw a rectangle on a page. Cut out the top, bottom and right side of it to create a door
41. Use postage stamps and air mail stickers
42. Finger paint
43. Use old postcards and photos
44. Make a pocket by sewing the edges
45. Punch holes down the edge of a page
46. Join pages together with grommets, eyelets
47. Colour areas with a crayon the then paint over the design.
48. Attach packing tape transfers
49. Do a page of things you either hate or love
50. Do a page in just one colour
51. Do a monoprint on glass or plastic, then print it on a page
52. Make a paper weaving and glue it to a page
53. Cut out a paper doll chain and attach each end to an opposite page
54. Cut a window in the cover
55. Use a piece of child’s art as a basis for a collaged page
56. Make a journal of a day in your life. Include receipts, notes, stickers, etc
57. Sew on buttons
58. Glue pages together to make a thick block. Leave as is or cut out a niche
59. Use stencils
60. Spread spackle over your page and carve into it
61. Glue in photos of yourself as a kid
62. Paint a page. Sprinkle salt on it. When dry, brush off the salt, leaving interesting designs
63. Burn holes in a page or along the edges using an incense stick
64. Cut a hole through 2 pages, the glue the window from a business envelope between them
65. Punch small holes down the edge of a page, then wind yarn or ribbon through them.
66. Cut a page out, leaving ½ inch at the spine. Use this strip to attach a picture of envelope
67. Staples are cool. Join pages together or attach photos or magazine images
68. Number your pages with cut outs from magazines
69. Add digital collages
70. Rub an ink pad along the edges of the book pages
71. Apply lemon juice to a page, then heat with a glue gun. The lemon juice will turn brown
72. Attach library pockets to a page. Insert mini books, photos, etc
73. Highlight a page or page edge with transfer foil
74. Sew images on to a page
75. Cut or tear image into pieces. Reassemble. Glue down, leaving space between the pieces
76. Stamp images on small, white tags then attach to a page
77. Age a page with a wash of tea
78. Glue a map to part of a page. Add your own rivers, roads and let them spill onto the text
79.